

↑ Tear Here ↓

1 1A	2 2A	3B	4B	5B	6B	7B	8	9B	10	11B	12B	13 3A	14 4A	15 5A	16 6A	17 7A	18 8A
1 H Hydrogen 1.01	4 Be Beryllium 9.01	21 Sc Scandium 44.96	22 Ti Titanium 47.87	23 V Vanadium 50.94	24 Cr Chromium 52.00	25 Mn Manganese 54.94	26 Fe Iron 55.85	27 Co Cobalt 58.93	28 Ni Nickel 58.69	29 Cu Copper 63.55	30 Zn Zinc 65.39	13 Al Aluminum 26.98	14 Si Silicon 28.09	15 P Phosphorus 30.97	16 S Sulfur 32.07	17 Cl Chlorine 35.45	2 He Helium 4.00
3 Li Lithium 6.94	12 Mg Magnesium 24.31	38 Sr Strontium 87.62	39 Y Yttrium 88.91	41 Nb Niobium 92.91	42 Mo Molybdenum 95.94	43 Tc Technetium (98)	44 Ru Ruthenium 101.07	45 Rh Rhodium 102.91	46 Pd Palladium 106.42	47 Ag Silver 107.87	48 Cd Cadmium 112.41	31 Ga Gallium 69.72	32 Ge Germanium 72.61	33 As Arsenic 74.92	34 Se Selenium 78.96	35 Br Bromine 79.90	36 Kr Krypton 83.80
11 Na Sodium 22.99	20 Ca Calcium 40.08	37 Rb Rubidium 85.47	40 Zr Zirconium 91.22	41 Nb Niobium 92.91	42 Mo Molybdenum 95.94	43 Tc Technetium (98)	44 Ru Ruthenium 101.07	45 Rh Rhodium 102.91	46 Pd Palladium 106.42	47 Ag Silver 107.87	48 Cd Cadmium 112.41	49 In Indium 114.82	50 Sn Tin 118.71	51 Sb Antimony 121.76	52 Te Tellurium 127.60	53 I Iodine 126.90	54 Xe Xenon 131.29
19 K Potassium 39.10	20 Ca Calcium 40.08	37 Rb Rubidium 85.47	39 Y Yttrium 88.91	41 Nb Niobium 92.91	42 Mo Molybdenum 95.94	43 Tc Technetium (98)	44 Ru Ruthenium 101.07	45 Rh Rhodium 102.91	46 Pd Palladium 106.42	47 Ag Silver 107.87	48 Cd Cadmium 112.41	49 In Indium 114.82	50 Sn Tin 118.71	51 Sb Antimony 121.76	52 Te Tellurium 127.60	53 I Iodine 126.90	54 Xe Xenon 131.29
19 K Potassium 39.10	20 Ca Calcium 40.08	37 Rb Rubidium 85.47	39 Y Yttrium 88.91	41 Nb Niobium 92.91	42 Mo Molybdenum 95.94	43 Tc Technetium (98)	44 Ru Ruthenium 101.07	45 Rh Rhodium 102.91	46 Pd Palladium 106.42	47 Ag Silver 107.87	48 Cd Cadmium 112.41	49 In Indium 114.82	50 Sn Tin 118.71	51 Sb Antimony 121.76	52 Te Tellurium 127.60	53 I Iodine 126.90	54 Xe Xenon 131.29
37 Rb Rubidium 85.47	38 Sr Strontium 87.62	55 Cs Cesium 132.91	56 Ba Barium 137.33	57 La Lanthanum 138.91	72 Hf Hafnium 178.49	73 Ta Tantalum 180.95	74 W Tungsten 183.84	75 Re Rhenium 186.21	76 Os Osmium 190.23	77 Ir Iridium 192.22	78 Pt Platinum 195.08	81 Tl Thallium 204.38	82 Pb Lead 207.2	83 Bi Bismuth 208.98	84 Po Polonium (209)	85 At Astatine (210)	86 Rn Radon (222)
87 Fr Francium (223)	88 Ra Radium (226)	89 Ac Actinium (227)	89 Ac Actinium (227)	104 Rf Rutherfordium (261)	105 Db Dubnium (262)	106 Sg Seaborgium (266)	107 Bh Bohrium (264)	108 Hs Hassium (269)	109 Mt Meitnerium (268)								
58 Ce Cerium 140.12	59 Pr Praseodymium 140.91	60 Nd Neodymium 144.24	61 Pm Promethium (145)	62 Sm Samarium 150.36	63 Eu Europium 151.96	64 Gd Gadolinium 157.25	65 Tb Terbium 158.93	66 Dy Dysprosium 162.50	67 Ho Holmium 164.93	68 Er Erbium 167.26	69 Tm Thulium 168.93	70 Yb Ytterbium 173.04	71 Lu Lutetium 174.97				
90 Th Thorium 232.04	91 Pa Protactinium 231.04	92 U Uranium 238.03	93 Np Neptunium (237)	94 Pu Plutonium (244)	95 Am Americium (243)	96 Cm Curium (247)	97 Bk Berkelium (247)	98 Cf Californium (251)	99 Es Einsteinium (252)	100 Fm Fermium (257)	101 Md Mendelevium (258)	102 No Nobelium (259)	103 Lr Lawrencium (262)				

**Key**

11 — Atomic number  
Na — Element symbol  
Sodium — Element name  
22.99 — Average atomic mass

If this number is in parentheses, then it refers to the atomic mass of the most stable isotope.

## Formulas

**Ideal Gas Law:**  $PV = nRT$

**Calorimetric Formulas –**

**Combined Gas Law:**  $\frac{P_1V_1}{T_1} = \frac{P_2V_2}{T_2}$

**No Phase Change:**  $Q = m(\Delta T)C_p$

**Pressure Formula:**  $P = \frac{F}{A}$

**Latent Heat of Fusion:**  $Q = m\Delta H_{\text{fus}}$

**Mass-Energy Formula:**  $E = mc^2$

**Latent Heat of Vaporization:**  $Q = m\Delta H_{\text{vap}}$

## Constants

**Volume of Ideal Gas at STP:**  $22.4 \frac{\text{L}}{\text{mol}}$

**Speed of Light in a Vacuum:**  $c = 3.00 \times 10^8 \frac{\text{m}}{\text{s}}$

**Specific Heat of Water:**  $C_p(\text{H}_2\text{O}) = 1.00 \frac{\text{cal}}{(\text{g}^\circ\text{C})} = 4.18 \frac{\text{J}}{(\text{g}^\circ\text{C})}$

**Latent Heat of Fusion of Water:**  $\Delta H_{\text{fus}}(\text{H}_2\text{O}) = 80 \frac{\text{cal}}{\text{g}} = 334 \frac{\text{J}}{\text{g}}$

**Latent Heat of Vaporization of Water:**  $\Delta H_{\text{vap}}(\text{H}_2\text{O}) = 540 \frac{\text{cal}}{\text{g}} = 2260 \frac{\text{J}}{\text{g}}$

## Unit Conversions

**Calorie-Joule Conversion:**  $1 \text{ cal} = 4.184 \text{ J}$

**Absolute Temperature Conversion:**  $\text{K} = ^\circ\text{C} + 273$

**Pressure Conversions:**  $1 \text{ atm} = 760 \text{ mm Hg} = 760 \text{ Torr} = 101.325 \text{ kPa} = 14.7 \frac{\text{lb}}{\text{in}^2} = 29.92 \text{ in. Hg}$

